

NYCMTB Trail Map:

NORTH WOODS MOUNTAIN BIKE TRAILS

[Cunningham Park, Queens, NY]



City of New York
Parks & Recreation



C·L·I·M·B
CONCERNED LONG ISLAND
MOUNTAIN BICYCLIST

Trails adopted by CLIMB- Concerned Long Island Mountain Bicyclists. For information on how you can volunteer to help the trails, visit www.climbonline.org.



INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION

LEGEND

- Less Difficult**
(Relatively flat and wide. Trail surface may be loose, uneven or muddy at times. May include short, flowing singletrack sections.)
- More Difficult**
(Singletrack trail with small obstacles like roots and rocks. May include short steep sections.)
- Most Difficult**
(Steeper and tougher, with expectation of difficulty and continuous challenge.)
- Experts Only**
(Downhill and freeride terrain with extreme features requiring jump and drop ability. Full face helmet and body armor required)
- Trail Direction**
(all trails 2-way unless otherwise marked)

NOTE: Green- and Blue-rated trails do include optional technical trail features rated with higher difficulty levels.

Total vertical:
+/- 40 feet



← TRAILHEAD

